

# 2011 CRESTWOOD SWIM LESSON SCHEDULE

Morning Lessons: There are 3 consecutive sessions that each run for 2 weeks, Monday through Thursday mornings (Make-up, if necessary, on Friday).

Times:           A     10:15 – 10:45 (Levels 1-4)  
                       B     11:00 – 11:30 (Levels 1-4)

Sessions:        1     June 20 – June 30  
                       2     July 5 – July 14 (week 1 is July 5-8)  
                       3     July 18 – July 28

Fees:             \$30 per child per session\*

Evening Lessons: There are 3 consecutive sessions that each run for 2 weeks, Tuesday and Thursday nights. Evening lessons are generally smaller. As a result, enrollment is limited.

Times:           C     5:30 – 6:00pm (Levels 1 & 3)  
                       D     6:00 – 6:30pm (Levels 2 & 4)

Sessions:        Same as above

Fees:             \$25 per child per session\*

\*Non-members must add an additional \$10.00 fee per child per session

Make Checks Payable To: ***Crestwood PAC***

Mail To: Jodi Daniels  
 17 E 34<sup>th</sup> Street  
 Reading, PA. 19606

## Swimming Lesson Levels

<b>Level 1: Intro to Water Skills</b>	Participants learn to feel comfortable in the water and enjoy the water safely. Basic aquatic skills are learned such as blowing bubbles, entering and exiting the pool, supported floating, and supported front and back crawl.
<b>Level 2: Fundamental Aquatic Skills</b>	Participants learn to float without support, tread water for a short period of time, and begin swimming independently on their front and back.
<b>Level 3: Stroke Development</b>	Participants will improve their front crawl skills and will learn elementary backstroke, treading water in the deep end, and swimming on their sides.
<b>Level 4: Stroke Improvement</b>	Participants improve their stroke skills and increase their endurance by swimming the front crawl and elementary backstroke for longer distances. Participants will learn the back crawl, breaststroke, butterfly, and various turns on the wall.

**2011 CRESTWOOD SWIM LESSON  
REGISTRATION & EMERGENCY FORM**

1. \_\_\_\_\_  
 Child's Last name                                      First name                                      Age                                      DOB

2. \_\_\_\_\_  
 Child's Last name                                      First name                                      Age                                      DOB

3. \_\_\_\_\_  
 Child's Last name                                      First name                                      Age                                      DOB

Parents' Name(s) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_

Allergies, Medical, Chronic Illness, etc. (Specify child) \_\_\_\_\_

Are you a member of Crestwood Pool? \_\_\_\_\_

**PLEASE COMPLETE THE FOLLOWING INFORMATION NOTING THE CLASS LEVEL, SESSION(S), AND SESSION TIME YOU WISH TO ATTEND.**

Child's Name \_\_\_\_\_ Child's Name \_\_\_\_\_ Child's Name \_\_\_\_\_

Starting Class  
 Level (1-4):                      \_\_\_\_\_                      \_\_\_\_\_                      \_\_\_\_\_

Session(s) (1-3):                      \_\_\_\_\_                      \_\_\_\_\_                      \_\_\_\_\_

Session Time (A-D):                      \_\_\_\_\_                      \_\_\_\_\_                      \_\_\_\_\_

Fee:                      \$ \_\_\_\_\_                      \$ \_\_\_\_\_                      \$ \_\_\_\_\_

**Please Note:**

- If a session time is filled, your child will be placed in the alternate time session when possible. We will notify you of any changes before the classes begin.
- Non-members: Add \$10.00 fee per child per session.
- Classes will be filled on a first come first serve basis and additional classes will be added as needed when possible. Time slots will not be held without payment.
- Please keep previous information page for your records and mail in this page to Jodi Daniels.
- Email Jodi Daniels at jodilynd@aol.com with any questions.

*Office Use Only*

Date	Payment